

## If You've Been Diagnosed With Foot Drop...

*Chances are your most important need is to be able to walk better, without assistance and for longer periods of time without getting exhausted. You want your life back!*

*Tens of thousands of people with gait deficiencies due to Foot Drop have experienced a mobility rebirth thanks to the stability and dynamic assistance provided when wearing Allard AFO carbon composite orthosis.*

## Here's What Wearers Have to Say About Allard AFOs...

"I could walk and run in the AFO I had, but it was so uncomfortable. The difference between my original AFO and my ToeOFF® is like night and day. It is like riding a scooter versus driving a Mercedes. The ToeOFF® is so lightweight and a huge improvement. For someone who is neurologically impaired, a little makes a big difference."

*Beth Deloria, Foot Drop as result of a spinal injury*



## Here's What Wearers Have to Say About Allard AFO...

"Each day as I strap on my 'ROCKERS', I am reminded how totally grateful I am for them. I will be 80 years old on my next birthday and feel like I am 50 again thanks to my BlueROCKER®. My wife cannot believe I am for real. I have 5 major backpacking treks planned for this summer. Look out world here I come!"

*Wid Tolman,  
Foot Drop as a result of Peripheral Neuropathy.*



Meet other Allard AFO users with Foot Drop by visiting [www.getbackuptoday.com](http://www.getbackuptoday.com).

allard<sup>USA</sup>

### Further information

To learn more about Allard AFOs, please visit the Allard USA website - [www.allardusa.com](http://www.allardusa.com).

To learn more about our users and how they benefit from our products visit [www.getbackuptoday.com](http://www.getbackuptoday.com). Here you will meet a group of individuals that have one thing in common, they all have foot drop. Each one has shared their own personal story about how they can now live a more functional and better life!



team UP

For additional copies of this brochure, please contact Allard USA. Find Us On Social Media!



Toll Free: 888-678-6548  
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[www.allardusa.com](http://www.allardusa.com)

## Diagnosed with Foot Drop?



**Allard AFO** supports all stages from the **LIGHTEST** to the **MOST SEVERE** cases of Foot Drop!

## Your First Step Towards Independence



## How ToeOFF Gives You the Lift You Need

Allard AFO products provide a natural biophysical response similar to the movement of your own muscles. The muscles in your legs and feet absorb and reflect energy by lengthening and contracting as needed to lift your foot, swing your leg and allow you to walk.

The unique carbon fiber shape of the Allard AFO enables it to act like a lever that bends under the weight of the body. Each time you step down on the foot plate, the carbon fiber deflects in reaction to your weight and then reflects that energy to propel the leg forward.

The added benefit of the carbon fiber structure is its extraordinary strength, providing stability and durability in a very lightweight and thin configuration. It also enables your orthotist to customize the Allard AFO specifically for your needs.



## Allard AFOs are a Unique Group Of Semi-Custom Dynamic Response AFOs.

Allard AFOs have been developed to provide assistance with varying levels of weakness in the muscles that participate in the downward and upward movement of the ankle and the foot.

Allard AFO products are manufactured of carbon fiber composite materials to provide natural flexion through reflection of energy similar to your own muscle function.

### Allard AFOs Must be Fit by an Orthotist.

Allard AFOs require a prescription from your physician. The AFO must be fitted by or under the supervision of a Certified Orthotist-Prosthetist, Certified Orthotist or equivalent medical professional. The delivered orthotic should include either the SoftKIT, ComfortKIT, SoftSHELL, ComfortPAD, CoverKIT or customized padding to ensure your comfort while wearing the brace.

Applying a custom or off-the-shelf foot orthosis to the brace will help to provide the proper alignment and foot positioning for your particular needs.

Your Orthotist will explain the advantages of each Allard AFO configuration as it applies to your particular condition, lifestyle needs and mobility challenges. They will advise you in making the final selection and customize it for your particular walking pattern.

## How Allard AFO Benefits You

**Improved Balance** - Allard AFO users are able to move on uneven surfaces and climb stairs or ramps more confidently and independently, without stumbling or falling.

**Improved Stamina** - Allard AFOs strong and durable carbon fiber shell provides a dynamic energy reflection, so the user has more energy and can walk longer distances with less effort.

**Increased Comfort** - Because the anterior plate is mounted on the front of the leg, there is no pressure or binding of the calf muscle, Achilles tendon or heel which can result in irritation and discomfort.

There should always be padding between the Allard AFO and your leg – SoftKIT™, ComfortKIT™, SoftSHELL™, ComfortPAD™, CoverKIT™ or a custom one made by your orthotist. The SoftSHELL™ (incorporates a SoftKIT™ with a fabric "cover-up" for the anterior plate and strut) is available in beige or brown.

**Unlimited Footwear** - The thin carbon fiber structure ensures you can wear your Allard AFO inside any standard shoe that provides good support **without increasing your shoe size.**

**Increased Self-Esteem** - Allard AFOs facilitate a return to "normal" everyday activities without assistance from caregivers or mechanical devices.

**Improved Quality of Life** - Greater access to a wide variety of activities and environments without restrictions on the mode of transportation or accessibility ensures Allard AFO wearers can achieve their goals and pursue their dreams.

**Medicare/Insurance Coverage** - Allard AFOs are covered by Medicare and most insurance companies.

## ToeOFF® is THE ORIGINAL dynamic response floor reaction AFO.



*Ypsilon®Flow 1/2 is a Semi-Custom Dynamic Response AFO designed for those with a stable ankle and mild cases of Foot Drop.*



*ToeOFF® 2.0 and 2 1/2 are Semi-Custom Dynamic Response AFOs designed for those with mild to severe Foot Drop and mild to moderate ankle instability.*



*BlueROCKER® 2.0 and 2 1/2 are a Semi-Custom Dynamic Response AFO designed for cases of Foot Drop with overlapping gait involvements - severe ankle instability and/or proximal neuromuscular weakness/deficit.*